

HB 2654 Work Team Meeting

Work Team Meeting Summary – May 27, 2008, 4:30-5:30 pm PDT

Document Purpose: This document summarizes the notes taken during the May 27, 2008 meeting / conference call.

Meeting Attendees: The following people participated in the Work Team meeting: Brad Berry, Dawn Grosz, Mary Jadwisiak, Frank Jose, Cathii Nash, Margaret Rojas, Bill Waters, Andy Keller (facilitator), and Bill Wilson (note taker).

Meeting Process: The meeting began with Andy sharing that a revised version of Jessica's notes from last week will be coming, and that any changes made to the notes did not change their content. These notes provided a frame work for today's discussion. Group members then decided on the focus for today's meeting, agreeing on the following steps: getting organized, identifying areas to focus on, and determining the best way to work together. Work Team members reviewed "Next Steps to Finish Services List and Identify Services to Include in Report" from the notes from the previous meeting. They agreed to come up with plans and assignments for Work Team members to work on between now and the next Work Group meeting on July 30th (Cathii shared that she is unable to make that meeting but can send a substitute).

Input from Today's Meeting

- Andy noted that TriWest plans as part of its data collection to contact North Sound RSN, Clark County RSN and possibly one other RSN representing a rural area. Work Team members supported contacting these RSNs.
- Cathii shared that self-employment was a huge focus of this year's National Association of Mental Health Planning and Advisory Councils conference. Cathii will be sending to the whole group via TriWest several of the Power Points on consumer-run programs from the meeting.
- The question was asked if other states are doing this as well, or if there are just pockets of these programs all over. Cathii said that there are pockets all over, with Maryland having some viable programs. Cathii had invited someone to their September meeting to address issues of how a person can be self-employed and not have SSDI be affected.
- Brad shared that CVAB does training on Ticket to Work and Pass Plans. He reported that Cornell University has released a paper on this.
- Cathii shared that the hardest part is not identifying what is out there, it is convincing local agencies that this is viable.
- Frank reported that on July 29–30, a discussion is scheduled on Ticket to Work, Supported Employment and Clubhouses (it was noted that this conflicts with the next scheduled all day Work Group meeting). He agreed to have Bev Miller send Andy a draft of the flyer for this meeting to distribute to the Work Team.
- Cathii asked if this group would like to meet more often. She said that the Council is more willing to support meal expenses and rooms for meetings.
- Andy reported the need to draft an outline of what the report should include, review this with Andy Toulon, and use this as a possible guide for recommendations.
- Cathii acknowledged that everyone has a busy schedule, but also noted that no matter what TriWest comes up with, the work team and the larger group really need to be involved and that it is important to ensure that constituents see that the process was not "top-down". Dawn agreed that it is important to keep this in mind.



- Mary suggested writing a report based on how the consumer movement needs to take more control, be proactive and avoid the approach of waiting to see what is handed to them.
- Mary also noted that ground rules from the overall Work Group are important to keep in mind, particularly regarding the question of how to move forward as a state with little or no consumer movement in it.
- Work Team members addressed the question of how to move ahead, and considered starting with basic premises and being committed to come up with whatever recommendations seem important to the group, without regard to whether they believe others outside the Work Group will necessarily agree.
 - One example referred to a recommended standard in one federal document on consumer-operated services of 5% of a region's overall mental health budget being dedicated to consumer-operated services, with the suggestion of putting this 5% standard in the report.
 - In the draft consumer-operated services tool kit that SAMHSA is reviewing now, there is a chapter entitled "Consumer-Operated Services" (Brad has additional about this).
 - A related question to such a standard would be how to distribute the 5%, perhaps doing so through the RSNs.
 - Cathii shared that she learned through conversations with leadership at MHD and HRSA that there is not much that they will not look at since they have come to this group for ideas.
 - It will be important to be inclusive with this process.
 - Mary suggested that we design a "Cadillac" program and see how people react.
- Dawn brought up the question of how to get input for this process.
 - Mary offered to gather input from the upcoming behavioral health conference where she and Stephanie are leading a workshop.
 - Getting input from parents and youth – particularly youth – will be key.
 - It will be important to determine how to work together across ages to gather voice and bring back a rich cross-section of input.
 - Cathii shared that it may be possible to tap into funding by T-Grant to help get folks together.
 - Work Team members suggested reviewing existing data gathered by the MHT process and last year's STI process, as well as exploration of how to capture input and feedback over time in an ongoing fashion.
 - All of the feedback from the MHT is listed on the web through the T-Grant, including individual testimony and open testimony.
 - Andy noted that TriWest's data from the STI process is available to review, with MHD approval and that a process to share that data with SAFE-WA through another project was already underway.
- The Work Team then stepped back to discuss the process and accomplishments of today's meeting.
 - It was suggested that the Work Group begin with the enabling Legislation for 2564 when designing the draft report.
 - The next step would be to include all of the input already gathered from the April 29, 2008 initial Work Group meeting.
 - Regarding the possibility of additional input from members:
 - The group discussed starting with a reanalysis by consumers and family members of existing consumer and family data held by TriWest and the MHT data

Draft for Review – Do Not Distribute

- Dawn discussed that Patty could possibly take the lead for analysis. Dawn wants to look at this data, too, but needs to sort out what she can and cannot do, given time commitments.
- The group discussed the four questions that were asked before and agreed that they cover the needs of the Work Group, including the question asked during the MHT process of “What would your dream MH system look like?” Transcripts may be available from past times these questions were posed and answered.
- Dawn would like to gather current information. She could do outreach with SAFE WA and YNA and bring this information back to the group.
- Mary and Stephanie Lane will get data at the Washington Behavioral Health conference.
- Dawn and Mary agreed to coordinate data collection approaches. Dawn noted she was most interested in hearing what consumers would like to see in the mental health system that does not exist. They will set up a meeting with Andy to review the TriWest data.
- Input gathered through the Work Team will be shared with the larger Work Group for review and additional input.
- TriWest Group’s role was discussed and Andy noted that he sees TriWest as responsible for writing the report, but wanting to do so following the lead of this group and, to the fullest extent possible, supporting direct development of content by the Work Group and ensuring that all products are seen as representative and valid by the Work Group.

Next Steps

- Andy will send gentle reminders to Work Team members on the “next steps” they expressed a willingness to take on, both at the April 29, 2008 Work Group and today’s Work Team meetings.
- Andy will distribute to the Work Team the July 29-30 flyer to be sent by Frank and the conference materials to be sent by Cathii.
- Dawn and Mary will meet with Andy this week to look at the TriWest STI stakeholder focus group data.
- **Next meeting is scheduled for Friday, June 6th, from 8:00 to 9:30am PDT.**

